# Dayton Children's health and wellness clinic

# it's just like a doctor's office in school

It can be hard to get your child in to see their doctor; maybe your child doesn't have a doctor at all. This is where school-based health centers, like the one Dayton Children's now has at Warner Middle School, can help.

School-based health centers provide a range of services to meet kids' and teens' health care needs. Services can include:

- Well check-ups for those without a pediatrician
- Diagnosis, treatment and management of sudden illnesses and minor injuries
- Medical care for chronic conditions, such as asthma or diabetes
- Lab tests
- Prescriptions
- Physicals for sports or work

There are thousands of school-based health clinics across the country, in almost every state, serving more than two million students in preschool through 12th grade. They can be set up in a wide variety of ways—as different as the children they serve!

# why have a school-based health and wellness clinic?

Research shows that kids who have access to regular health care do better overall in school. They are in class more because they are sick less often. They tend to get better grades and be less stressed about school when they are feeling well. This can be especially important for children with chronic conditions, such as asthma or diabetes. When the condition is managed well, the child has more time and energy to enjoy just being a kid!

At the same time, these clinics can make it easier for parents. These visits can be done at Warner Middle School or online—so by the time you pick your child up from school, they have had a medical exam, a diagnosis and potentially even medication prescribed and ready for you to pick up from the pharmacy of your choice.

Don't worry—your child's school will still have the Xenia school clinic as well. There are some examples of how both clinics will work in different situations on the back of this paper.



Dina Thurman, NP Dayton Children's health and wellness clinic

#### location

Warner Middle School 600 Buckskin Trail Xenia, OH 45385

#### hours

in office

- Monday through Friday 7:30 am to 3:00 pm

telehealth hours

- Monday through Friday 7:30 am to 3:00 pm

make an appointment (937) 641-4623

more information xeniaschools.org childrensdayton.org



# Dayton Children's and Xenia Schools clinics working together for your child

# My child falls on the playground



## School clinic:

Cleaning wounds, band-aids, ice

## Dayton Children's clinic:

If necessary, evaluate for concussion, refer for additional care

# My child develops a sore throat



School clinic: Depending on finding, may call parent to pick up child or refer to Dayton Children's clinic

## Dayton Children's clinic:

Examination, give rapid strep test, prescribe medication or treatment

# My child needs an asthma treatment at school



School clinic: Take steps on child's asthma action plan, administer prescribed medications

Dayton Children's clinic: Develop or modify a child's asthma action plan, adjust medications, re-fill albuterol

# My child needs their hearing checked



**School clinic:** Conducts screening

# Dayton Children's clinic:

Can examine for blockage or damage, refers to specialist if necessary

# My child develops an itchy, red eye



School clinic: Depending on finding, may call parent to pick up child

Dayton Children's clinic: examination of eye, prescribe medication and/or provide treatment

# My child needs prescribed medicine given at school



School clinic: administer medication according to provider instructions

# Dayton Children's clinic:

provide evaluation; can refill, adjust and/or manage chronic medications

# My child needs a physical to play sports



# School clinic:

Identify that sports forms are expired

## Dayton Children's clinic:

Complete full sports physicals and get child back on the field of play

# My child needs vaccinations/flu shot.



<u>School clinic</u>: Maintains immunization records, alerts parents if child is behind

#### Dayton Children's clinic:

Will soon be able to provide vaccinations, including flu and COVID-19

As you can see, the Warner Middle School clinic and Dayton Children's health and wellness clinic will work together in most areas, providing two different levels and types of care.

- Dayton Children's will only treat children whose parents have agreed with written consent before the injury or illness.
- If a child has a primary care doctor, Dayton Children's health and wellness clinic will always send a summary to the physician to ensure well-rounded care.
- Any medications prescribed by Dayton Children's health and wellness clinic can be picked up at the pharmacy of your choice.

